

The Cat Parent Playbook

Read the cat, win the cat

Cats aren't small dogs — they communicate through environment and body language. Get the setup right and most 'behavior problems' disappear.

Litter box law

- One box per cat, plus one extra. Quiet, low-traffic spots.
- Scoop daily; most avoidance issues are a dirty or wrong-location box.
- Unscented, clumping litter is preferred by most cats.

Read the body language

- Slow blink = trust. Blink back.
- Tail up = friendly greeting; thrashing tail = leave me alone.
- Exposed belly = comfort, NOT always an invitation to rub it.

Build a cat-friendly home

- Vertical space (shelves, trees) makes a small home feel huge to a cat.
- Play with wand toys to mimic hunting; end sessions with a 'catch' and a treat.
- Scratching is a need, not a vice — give sturdy posts near where they nap.

Insider glossary

Slow blink — A cat 'kiss' — a sign of trust.

Zoomies — Sudden bursts of energy ('the night crazies').

Bunting — Head-bonking to deposit scent — a compliment.

Starter checklist

- 2 litter boxes (1 cat)
- Clumping litter
- Scratching post
- Wand toy
- Vertical perch
- Vet check

Wear the title: 'Best Cat Mom Ever' at 15d0.com/shop/catmom/